

SUPPER TIME

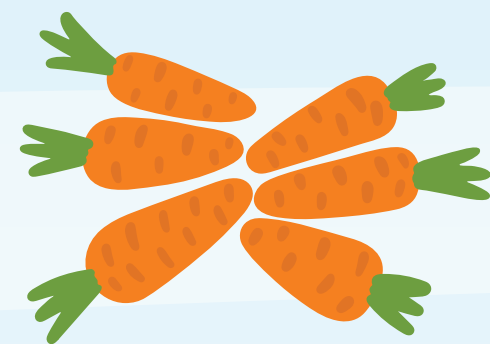
CHOOSE any 3 or MORE



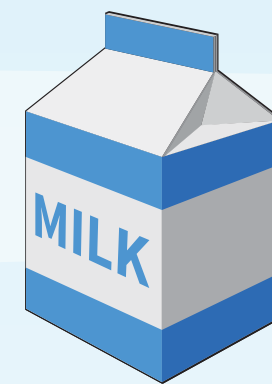
FRUIT



VEGGIE

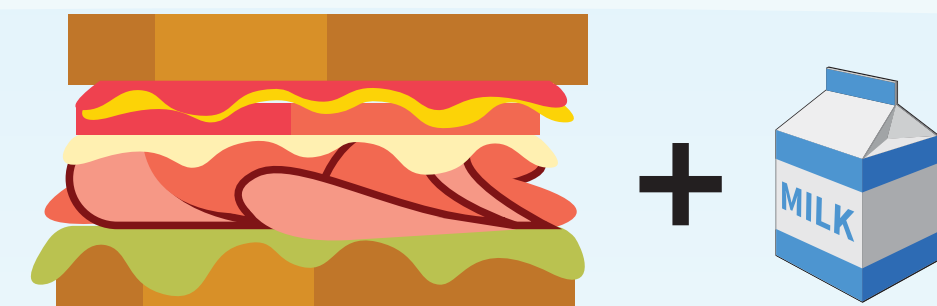


MILK

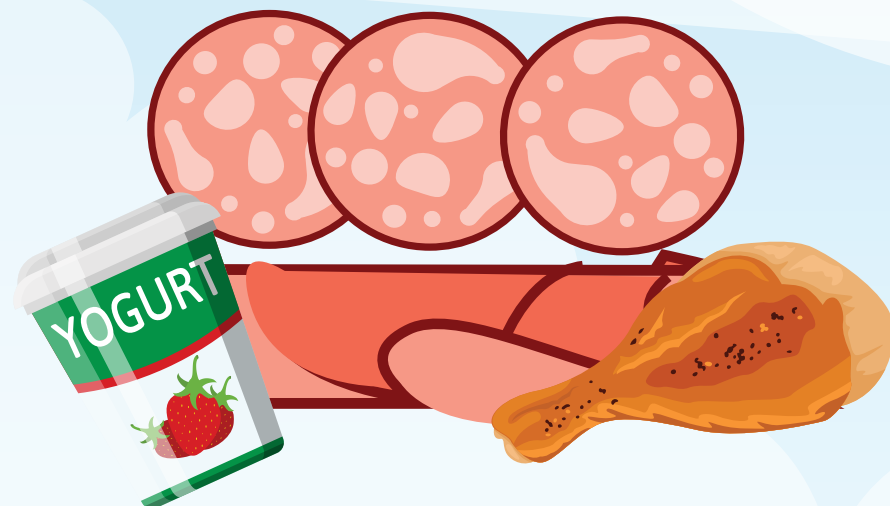


**EXAMPLE OF A COMPLETE MEAL:
SANDWICH + MILK**

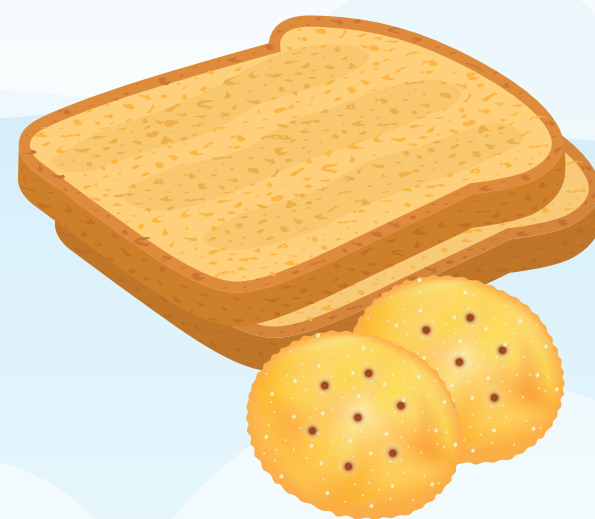
$$1 + 1 + 1 = 3$$



PROTEIN



GRAIN



**WHAT CAN I SAVE
FOR LATER?**
FRUIT GRAIN VEGGIE
**ENTREES AND MILK
CANNOT BE SAVED
FOR LATER**



This institution is an equal opportunity provider.